

GENERAL INFORMATION

Title of the Program:	Ang TAHANAN ng Quezon City
Name of the LGU Implementing the Program:	Quezon City
Population of the LGU:	2,761,720 Million (2010 NSO Census)
Income Classification of the LGU:	First class (special)

Profile and Number of Beneficiaries:

Directly caters to constituents as young as 13 years old and as old as 55, with prove substance/illegal drug abuse, and recommended by clinical diagnosis to undertake clinical and center-based rehabilitation.

Based on available records from 2011 up to 2015, about 1,035 clients directly benefited from the program, where they were given clinical care using prescribed modalities of the Department of Health (DOH) for an average of six (6) months to a maximum period of one (1) year, as well as after-care.

Of this number, 85 percent were male and 15 percent were female; 64 percent were single, 15.51 percent were married, 16.96 percent were in common-law partnerships (live-in), 2.22 percent were separated, and the remaining percentage were either widowed or single parents.

Most clients belong to lower-income families. Adults 18–55 years old compose 80 percent of the admitted population while 20 percent are made up of children 13–17 years old.

Families of patients are considered indirect beneficiaries of this program, since it has been a great help in improving the health and well-being of affected family members.

TAHANAN also extends services to the community through its outreach programs which aim to educate on the adverse effects of illegal drugs/substances and enhances the spirit of volunteerism and vigilance to be partners of the government in its fight against the proliferation of illegal drugs.

Date of the Start of the Program: 1990

Financial Profile of the Program in Previous Year/s:

Source of Funds	Annual Budget		
	2014	2013	2016
Quezon City government	PHP982,423.30	PHP812,800	PHP668,376

SUMMARY

LGU PROFILE

Quezon City is the largest city in Metropolitan Manila in terms of land area (161.126 sq km or 16,112.8 hectares). It is situated in the northeast portion of Metro Manila, and is bounded on the north by Caloocan City and San Jose del Monte City, on the east by San Mateo and Marikina, on the south by Pasig and Mandaluyong, San Juan, and Manila, and on the west by Valenzuela. Quezon City is more than four times the size of Manila, nearly six times the expanse of Makati, and more than 14 times bigger than Mandaluyong.

The city has the biggest population, constituting 24 percent of the regional population. With a population of nearly three million, Quezon City is one of the largest sources of manpower in the Philippines, with its employable human resource assets numbering to 1.672 million. Its populace is generally young, with 40 percent of the total population belonging to below 20 years old.

Quezon City takes pride in its high literacy rate of 98.32 percent.

PROGRAM DESCRIPTION

As early as 1990, Quezon City has started implementing programs to counter the use and trade of illegal drugs and minimize the adverse effects of the use of illegal substances. It was in 1990 when the Quezon City Council headed by then Vice Mayor Vicente Sotto III enacted Ordinance no. NC-146 S. 1990, establishing the Quezon City Drug Treatment and Rehabilitation Center, otherwise known as TAHANAN. The said institution was put into operation in 1994 in compliance with the mandate of Republic Act no. 6425. With the enactment of RA 9165 in 2001 and City Ordinance no. SP 1264, s. 2003, the QC TAHANAN is

considered the implementing arm in the rehabilitation of substance abusers and the provider of a support system for their families and the community.

TAHANAN is a health facility that aims to provide a comprehensive rehabilitation service using the Therapeutic Community Modality to treat and rehabilitate drug dependents. Aside from this, TAHANAN focuses on the role of the family and the community in the intervention and after-care processes. Most of all, it bestows all the QC illegal drug/substance dependents the opportunity to be treated and ultimately improve their lives without the burden of financial constraints, since the services are offered by the city free of charge. In fact, TAHANAN is the only drug rehabilitation facility which is fully and solely funded by the city government and duly accredited by the DOH.

QC TAHANAN is located at Molave Extension, Diamond Hills, Payatas B, Quezon City. The current facility covers 9,450 square meters. From its humble beginnings of only one building, it has now expanded to a complex of buildings with the following facilities:

- 1) Three male dormitories, including a dormitory for minors/adolescents
- 2) Two multipurpose buildings
- 3) One mess hall
- 4) One 4-storey building with administrative offices and female dormitories
- 5) Fully-equipped kitchen
- 6) Classrooms with libraries
- 7) Medical and dental clinics

Currently, TAHANAN's rehabilitation program can accommodate up to 150 clients, but with the construction of additional buildings, pending the license from the DOH for expanded

services, it will be able to accommodate up to 294 clients. This would be another milestone for the city and a timely response to address the rising demand for drug rehabilitation services.

The center is manned by 85 highly qualified and trained personnel for its seven (7) sections—namely: screening and intake, medical, administrative, program, after-care and follow-up, research/statistics/training and technical, and security.

IMPLEMENTATION PROCEDURES

The establishment and operation of QC TAHANAN is backed by a series of Quezon City ordinances, including the following:

1. No. NC-146, s. 1990, establishing the Quezon City Drug Treatment and Rehabilitation Center, otherwise known as TAHANAN
2. No. SP 1264, s. 2003, adopting a comprehensive antidrug abuse and rehabilitation program, providing penalties for violation thereof and other purposes
3. No. SP 1548, s. 2005, amending Ordinance no. SP 1495, s. 2005, providing for the reorganization of plantilla positions of the Quezon City Anti-Drug Abuse Council (QCADAC) and the Quezon City Drug Treatment and Rehabilitation Center (TAHANAN), providing funds thereof and of any purposes in order to conform with the recommendation of the Department of Budget and Management
4. No. SP 1983, s. 2009, amending further Ordinance no. SP 1264, s. 2003

5. No. SP 1495, s. 2005, amending sections 13 and 20 of Ordinance no. SP 1264, s. 2003, providing for the reorganization of the plantilla positions and staffing pattern of the QCADAC and TAHANAN
6. No. SP 2222, s. 2013, amending article V, section 24 and 25, of Ordinance no. SP 1264, s. 2003, particularly on the direct authority given to QCDTRC-TAHANAN to assess and admit patients.

THE PROGRAM

QC TAHANAN offers a minimum of six (6) months residential treatment to patients who were recommended by the Quezon City Anti-Drugs Abuse Advisory Council (after clinical evaluation) to undergo rehabilitation. It has unique programs that were tailor-fit for adolescent (minor), adult male, and adult female patients.

It provides psychological and social services such as counseling, crisis intervention, case management, educational programs, therapy groups, family programs, etc. It also caters after-care and follow-up services to facilitate the community reintegration of patients. Further, it provides skills and livelihood programs from TESDA and other government agencies, and expands services through its Extended Community Programs in partnership with nongovernment and private organizations. The program embraces the therapeutic community approach, which dwells on social learning in a disciplined but nurturing environment and is grounded on the principles of self-help and the community as an agent of change.

It has two (2) phases which include residential treatment and after-care treatment. The residential stage mandates confinement for six (6) months (can extend up to one year

depending on the case and behavior) where the patient will follow a structured program to correct addictive and counterproductive attitudes and behaviors in preparation for reintegration in the community. The program offers psychological services, medical and dental services, counseling, social services, recreational and physical wellness programs, spiritual programs, family support programs, and educational and vocational programs.

The residential phase is further divided into two —namely: the intense phase (first to fourth month) and the senior phase (fourth to sixth month). The intense phase is where the client is detached from external influences and focuses on his/her addiction and extensive information and realization about his/her real situation brought about by his/her addiction to illegal drugs/substances. The senior phase is where the patient has adapted well to the environment and has practicing skills in leadership, is goal-driven, and is well-motivated.

The after-care stage, on the other hand, requires the patient to continue rehabilitation as an out-patient for a minimum of four months. In this phase, the patient undergoes gradual reintegration in the family and workplace or school while still undergoing counseling. Various skills and livelihood training are also being offered. The after-care staff monitor patients through home visits or with the help of the Barangay Anti-illegal Drugs Council (BADAC). Patients who failed to comply with the requirements or suffered relapses may be readmitted.

GENERAL POLICIES

Criteria for Admission

1. Open to all QC residents, male, female, and intersex, between 15 to 55 years of age (minors as young as 13 are also allowed), regardless of class, cultural background, religion, and social standing.
2. Must be physically, medically, and mentally fit to undergo the program. Pregnant women are not allowed. Patients with proven mental disorders are referred to the National Center for Mental Health.
3. Must have a court order for confinement.
4. Must be free from any legal or criminal responsibilities that might implicate the center or affect the treatment process.

Admission Process

1. Initial interview at the QCADAAC Office at TAHANAN. Applicant should bring: certificate of residency; any proof of billing of parent, guardian, spouse, or relative; and one 2x2 ID picture.

Drug dependency examination (DDE) by a DOH-accredited physician. The patient will be recommended for a) out-patient counseling, b) residential treatment and rehabilitation, or c) psychiatric treatment.

2. Medical examination (X-ray, fecalysis, urinalysis, ECG for ages 45 and above, pregnancy test). A medical clearance shall be issued by the

medical officer. Should there be adverse findings, the patient will be referred for medical treatment.

3. Admission to TAHANAN

4. After-care

PROJECT RESULT/IMPACT

Though there is a debate on arriving at a scientific approach to measure the success rate when it comes to the rehabilitation of the drug dependents, the low rate of relapse and the high rate of completion of the whole treatment, including the after-care program, among its patients can be attributed as accomplishments of the program.

From 2011 to 2015, only 12 percent of the total population was recorded to have relapsed, while the remaining 88 percent was able to complete the residential and after-care program.

Written and video testimonials were also given by former patients attesting to the effectiveness of the approaches of the program. Attached are copies of some of the written testimonials with corresponding waivers.

Various institutions, organizations, and even local government units have signified interest in the program and have even requested for possible replication in their own localities—proof of the extent of the program’s positive impact even on nondirect clients.

ANALYSIS/LESSONS LEARNED

With the current thrust of the administration to rid the country of illegal drugs/substances, programs like this are very relevant and worthy of emulation.

TAHANAN signifies the dedication of the city government to save and safeguard its constituents. With its annual budget of over PHP16 billion, it is worthy of note that a portion of this is dedicated to the city's anti-illegal drugs program, including care for the users. One more notable part of the implementation of this program is the continuous institutionalization of policies for the program's operations through the enactment of city ordinances. The array of future plans for TAHANAN also proves the commitment of the city government to the fight against illegal drugs. Future plans include:

- a) Operationalization of additional buildings pending the DOH license to expand the center's capacity from 150 to 294;
- b) Designation of areas/dormitories for the LGBT;
- c) Construction of more buildings not only for drug rehabilitation but for other programs for marginalized sectors such as senior citizens (home for the aged), PWDs, and the like, elevating the facility to a social services center;
- d) More PPPs or engagements with other stakeholders for improved and more inclusive services.

It may seem difficult for some to replicate the program considering the operational expenses and administrative requirements, but all it takes is the will to serve the people, even those who were once misguided by the temporary relief of illegal drugs/substances.

TAHANAN has been operating and helping people for the last 25 years and is continuously evolving to cope with the demands of the times. It does not only offer clinical approaches for rehabilitation but provides another chance to have an improved life.

Documented by:

CHRISTIANE R. MILLABAS

Cluster Head/LGOO VI